# Community & High School Outreach Program

# For more information:

info @alleyshouse.org

Call 214-824-8700

#### STEP 1

Choose 1+ module to implement with pregnant and parenting moms

## STEP 2

Select 5 hours for Alley's House staff to lead workshops with 10 moms

### STEP 3

Sign Memo of Understanding & start program!

#### MODULE 1

Single Mom in the Workplace Stress & Anger Management Parenting Teen Mom Group Healthy & Unhealthy Relationships Goal Planning for College & Career

#### MODULE 2

Dating & Self-Respect
Family Planning & Sex Education
Parenting Teen Mom Group
Interviewing Etiquette
Overcoming Obstacles

# MODULE 3

Dating & Self-Respect
Family Planning & Sex Education
Parenting Teen Mom Group
Interviewing Etiquette
Overcoming Obstacles

# REQUIREMENTS

Closed session with 10 participating moms (ages 13-21)

5+ hours implemented over one semester

\$250 fee per module

#### **INCENTIVES**

Added support system

Prizes for perfect attendance

Access to Alley's House resources

